



Kerikeri High School
Newsletter



Kerikeri High School

Kerikeri, Bay of Islands

Newsletter No. 2, 21 March 2019

Tēnā koutou katoa e te whānau,
Ngā mihi, mahana ki a koutou o te tau hou.
Nau mai haere mai ki tā tātou kura, Te Kura Tuarua o te Kerikeri.

We are nearing the end of the term now, with three weeks to go and the school continues to be in full swing. Our Year 7 students have all returned from three very busy and successful Peer Support Camps on Urupukapuka Island with their Year 13 Peer Support Leaders. We were well supported by excellent parent helpers and we are so grateful for their significant contribution. Special thanks also to all of our hardworking staff who ran the camps and especially Mr Craig Jordan, Mrs Nicky Andrews and Mrs Eileen Crawford.

At Kerikeri High School with our four cornerstones approach and our “busy kids are happy kids” philosophy we are pleased with all the opportunities and activities that are in place already for our students, many who are actively participating in their cornerstones for 2019.

CHRISTCHURCH

Our thoughts and aroha go out to all who have been so affected by the terrible events in Christchurch last week. Like all of New Zealand, we are deeply saddened and shocked about what has taken place.

We have been giving thought on how best to show our support as a school community to the people of Christchurch, and the families directly affected. On Friday 22 March, the Student Council will be holding a Mufti Day as part of the Christchurch City Council’s ‘Colour Your Day.’ This is our way of demonstrating our aroha and support for all that have been impacted by last Friday’s events in Christchurch. We will wear bright, happy colours and have a minute’s silence at 1.40pm on the Village Green Circle for students who wish to take a moment to reflect and acknowledge the sad events.

School Principals in Christchurch have worked with Muslim leaders in their city, these leaders have advised that the wearing of red is the least culturally appropriate colour from the perspective of the Muslim community, so please, this Friday, do not wear red. By wearing bright, happy colours, we will be showing our support for our Muslim communities and the people of Christchurch.

Friday’s Mufti Day will be a gold coin donation, but we do ask for those who can manage it, that the contribution be \$2.00. All money raised will be donated to the Mayoral Fund called ‘Our People, Our City.’

Young people in particular may struggle to process what has happened, and as parents and teachers we sometimes find it difficult to know how best to discuss and support our children. We have included some useful contacts for your interest, which may offer some guidance on how best to do this:

Lifeline New Zealand	0800 543 354
Youthline New Zealand	0800 376 633
Samaritans	0800 726 666

You can also support the victims and their families via funding and donation services, including:

[Victim Support](#)
[Launch Good’s United for Christchurch](#)
[Give a Little’s Christchurch Shooting Victims Fund](#)

Students can also visit the school’s Guidance Department.

LOCKDOWN PROCEDURE

The terrible events in Christchurch have highlighted the importance of us all being aware of our established lockdown procedures. We do have a formalised Lockdown procedure in our school. Three successive short bell rings, repeated 2 – 3 times, signals a Lockdown.

All students must either remain in classrooms and do their best to be out of sight, below windows for example, and or head inside to the nearest building or classroom.

Should a Lockdown situation remain in place beyond 3.00pm we would delay school buses. As we saw in Christchurch last week, in that circumstance, parents would be asked not to come into the school to locate and remove students, until the lockdown situation was given the all clear by the Police.

STUDENT ACHIEVEMENTS

Congratulations to **Jack Honey** and **Helena Sanderson** who were Finalists for the Thermatech Junior Sports Team of the Year Award for Northland at the Northland Sports’ Awards in Whangarei. Jack and Helena also won the Nacra 15 Nationals Regatta in Auckland winning 9 out of 10 races in the event. Jack and Helena will be sailing in the annual Bay of Islands to Whangaroa Yacht Race, this will be their first time attempting the win together at this particular event.

Congratulations to **Ty Murray** for his National success in Polocrosse. Ty competed against New South Wales and Queensland in a North Island test match and was awarded Best Junior Male Player.

Well done to **Mia Anderson** for winning a Gold Medal at the Junior National Touch Competition. Mia competed for Tai Tokerau in the U21 Team.

Congratulations to **Dylan Duff** and **Harley Thomson** for their selection into the U13 Northland Football Squad and to **Urban Fowler** for making the Northland U14 Team. Dylan Duff was announced Captain of the 18 Player Squad and the Team's impressive resilience earned them their first Win against East Coast Bays in Auckland last weekend.

Well done also to Year 8 students **Charlie Jackson** and **Alec Taylor** who were selected as the all important non-travelling reserves for Northland and will continue to train with the Team throughout the season.

PARENT REPORT EVENINGS

We warmly welcome parents, whānau and students to attend our Parent Feedback Evenings on **Monday 1 April** and **Tuesday 9 April 2019** from **4 – 7pm**.

The purpose of these quick five-minute meetings is to build relationships between School and home. Relationships are the key to everything we do at Kerikeri High School, and so we value these meetings at this early stage of the year.

Later in the year, longer sessions are scheduled for more detailed feedback and feed forward in regards to your student's progress after their written Mid-year Report has come home. Online Bookings will be open from Wednesday 27 March 2019. Instructions for how to book online will be emailed next week.

DHB MEASLES INFORMATION

With 28 cases of measles in Canterbury, and two new cases in Auckland, now is the perfect time to make sure your child is up to date with their immunisations against measles.

Two doses of the MMR vaccine are needed for maximum protection. If you are not sure if your child is fully immunised, check in your Well Child book, or talk to the Practice Nurse at your usual General Practice.

If your child is unimmunised, or has received only one dose of MMR, they are at higher risk of contracting measles. Unimmunised children who are even only exposed to measles could face up to two weeks off

school while they wait to see if measles develops, causing enormous disruption in families.

Those who actually contract measles fare worse, as measles is a very unpleasant illness. Please make sure your child has had two MMRs. Please find included with this Newsletter, a quick guide on Measles. You can find more information on our website www.northlanddhb.org.nz

MARK CROMIE MOTOR GROUP

A huge thank-you to Sheryl and the team at the Mark Cromie Motor Group, who as a Hyundai dealer gifted our students a free day trip on the Spirit of New Zealand. Hyundai have had a long association with the Spirit of Adventure Trust as the principal corporate partner.

This generosity from the team at Mark Cromie gave a large number of our Year 12 and 13 students the opportunity to experience a day on a tall ship and see what the 'Spirit' has to offer students. Any students that might be interested in a 10 Day Development Voyage should see Mrs Gordon, or visit www.spiritofadventure.org.nz

VISITORS

We ask that all Parents and Visitors to Kerikeri High School please report to the main Reception on arrival. Parents visiting the School to collect children, drop off lunches or gear, explain absence or lateness and so on are asked to do so at the main school Reception. Thank you.

FROM OUR PTA

The Kerikeri High School PTA is a welcoming group of parents who meet monthly and welcome the role of supporting Kerikeri High School students and staff.

Some of the support we are able to provide includes counting Work Day money, polishing trophies for Prizegiving, selling second hand uniform and catering a few events throughout the school calendar. The highlight of these being the School Ball.

The Kerikeri High School PTA is a great way to meet people and help our school community. We are not involved in fundraising and our monthly meetings are informative providing insight into what is happening in our school.

Principal:	Mrs Elizabeth Forgie
Associate Principal:	Mr Mike Clent
Deputy Principals:	Mr Daniel Wise, Mrs Maddy Haydock, Mr Hal Walker
Administration:	Mrs Jolanda Baker, Mrs Tania Caldwell, Mrs Susan Manning, Mrs Lorraine Noorwalla, Mrs Philippa Campbell Miss Loree Jellick, Mrs Joanne Davis, Miss Kate Liddington, Mrs Freda Arama, Mrs Tanya McGregor
Guidance Counsellors:	Mrs Gill Luke, Mrs Fleur Kelaher, Mrs Maria Salinas
Careers:	Mrs Eileen Crawford
Board of Trustees Chairperson:	Mrs Sue Richards
Parent Teachers Assoc:	Mrs Shelley Ellicott, Mrs Justine Strang
Contact Us:	Hone Heke Road, PO Box 92, Kerikeri, 09 407 8916, enquiries@kerikerihigh.ac.nz ; www.kerikerihigh.ac.nz

New faces and fresh ideas are very welcome at our meetings. Please get in contact with us if you would like to know more. The Kerikeri High School **PTA AGM** will be held on **Wednesday 3 April 2019** at **7.00pm** in the Kerikeri High School Library. We look forward to seeing you there.

GOOD COMMUNICATION

We really value good relationships at Kerikeri High School and good communication is the key. **Download the App** to:

- Send student absentee notifications
- Check the Daily Notices
- Keep up to date with School News and events
- Receive notifications that are useful to you and your student via alert subscriptions
- Check Revision Classes
- Plus handy links for students to access their School Office 365 account and curriculum resources and more
- Access the student NCEA Handbook

Please provide us with an Email Address – if your Newsletter arrives in the post we don't have your email address. Please phone Reception on 407 8916 or send an email to enquiries@kerikerihigh.ac.nz so we can get you on the list for faster communication.

WAKA

A reminder we would like everyone in our School community to uphold our values as we journey together in our Waka to success.

We are learners	Whaia te Matauranga
Act with respect	Manaaki te tangata
Keep ourselves safe	Tiaki tangata
Always proud	Kia manawanui

Our WAKA initiative grew out of the Positive Behaviour for Learning programme. It has certainly been positive at Kerikeri High School and is evident in our students' positive and appropriate behaviour.

ATTENDANCE

Attendance is absolutely critical to good school performance. Kerikeri High School works hard with our students, parents and community to achieve high levels of attendance. When a student is going to be absent please contact the School as soon as possible to let us know.

The School may contact you to double check at times as we make our best efforts to keep all our students safe and engaged in their education.

COMMUNITY NOTICES

These are not Kerikeri High School run activities

Free Holiday Surf Programme a popular free holiday surf programme for kids/young adults aged 11-17 years old, those aged 6-10 years will be \$160 for the week. This is a great way to get the kids active and into a rewarding sport over the school holidays. O'Neill Surf Academy 09 434 3843, simon@oneillsurfacademy.co.nz

WHAT'S HAPPENING

- **21-27 March** Year 13 Art Exhibition
- **25-26 March** Team Sailing Parua Bay
- **26-27 March** Year 12 Puketi Trip 2
- **27 March** Otago University Liaison Visit
- **27-28 March** Year 12 Puketi Trip 3
- **28 March** Massey University Liaison Visit
- **29-31 March** Kapa Haka Noho
- **1-5 April** Year 7,8,9 Art Exhibition
- **1 April Parent Feedback Evening 4-7pm**
- **2 April** Victoria University Liaison Visit
- **3 April** NSSSA Tennis
- **3 April PTA AGM 7pm**
- **4 April** NSSSA Surfing
- **5 April** NISS Track and Field Tauranga
- **5 April** NSSSA Bowls
- **5-7 April** Tauranga Youth Jazz Camp
- **9 April Parent Feedback Evening 4-7pm**
- **10-11 April** Tai Tokerau Festival
- **12 April** Last Day of Term 1
- **25 April** Anzac Day – Kerikeri High School will be represented at the Dawn Service at the RSA

We have had a busy start as always, and the School is settled, energetic and in good heart. We hope that your family will join us as often as you can for Parent Report Nights, Concerts, Drama Performances, trips and sporting events. Best Wishes for a very happy and restful break. We look forward to Term Two with our batteries fully charged. Please take special care over Easter.

Kia ora



M Clent (Mr)
Associate Principal

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15 March 2019

Measles: a quick guide Q&A

With measles outbreaks happening all over the world, including here in New Zealand, now's a good time to learn more about the disease - and make sure you're protected. Check out the questions and answers below to find out more.

Is measles a current concern?

Yes. There are currently measles outbreaks all over the world, including here in New Zealand. There have been three cases in Auckland and are currently more than 25 cases in Canterbury.

Do we have an outbreak of measles in Northland?

We do not currently have an outbreak in Northland and we **DO NOT** want one.

We need to maintain delivery of the MMR vaccination at ages 15 months and 4 years and ensure that children are up to date with all their vaccinations.

How can I protect myself and my family against measles?

The best way to prevent measles is to be immunised on time, with two free MMR vaccinations for all children at 15 months and four years. Two doses of MMR vaccine are at least 97 percent effective in preventing measles.

Does the DHB recommend toddlers under four get their second MMR early?

No, unless there is a clear indication for it, such as heading overseas, especially to a high risk country (Philippines especially).

I don't know whether I've been immunised or not. What should I do?

If you are not sure how many doses you have had, talk to your doctor as the information may be in your medical records. You may also have your own health records e.g. your Plunket or Well Child/Tamariki Ora book. If it's unclear whether you are immune, or whether you've had two doses, vaccination is recommended. Check with your GP first as in some instances, such as pregnancy, you should not be immunised.

What do I do if I haven't been immunised against measles?

You can be immunised at any time if you have missed your two vaccinations.

Many adolescents aren't fully protected, and many people born after 1969 and before 1992 will have received only one MMR vaccine. These people are entitled to the second MMR dose free of charge. Practice nurse fees may apply.

How serious is measles?

Measles is a serious illness. One in 10 people with measles need hospital treatment and the most serious cases can result in deafness or swelling of the brain.

Measles is one of the most infectious airborne diseases and a person is contagious before the rash appears. It is very easily transmitted from one person to another, possibly by being in a room where an infected person has been.

I'm about to travel to a country that has a measles outbreak. What should I do?

The Ministry of Health is advising anyone travelling overseas to be up to date with their MMR vaccinations. In addition, the Ministry recommends that infants aged 6-15 months travelling to countries where there is a current measles outbreak be given MMR vaccine before they travel.

This is an additional vaccination for those infants – they will still need their usual MMR vaccinations at 15 months and four years old.

What are the symptoms of measles?

Measles symptoms include a high fever, runny nose, cough and sore red eyes, followed by a rash starting behind the ears and spreading to the body a few days later.

If you think you have the measles, it's important to call before visiting your doctor to avoid spreading the virus in the waiting room. If you catch measles you're infectious from 5 days before and until 5 days after the rash appears.

I have some symptoms of measles, should I come to work?

No - anyone who is sick should stay away from work, school or public places, to help prevent putting other people at risk. This also applies if you or a family member aren't fully immunised and may have been in contact with someone with measles.

By isolating yourself you will help protect vulnerable people including babies, pregnant women, cancer patients and others who are unable to be immunised and for whom the impact of the disease can be devastating.

What does MMR stand for?

MMR stands for measles, mumps and rubella as the MMR provides protect against all three of these illnesses.

What do I do if I've only had one of the two MMR vaccine doses?

If you've only had one dose, you are entitled to a second one free of charge. Practice nurse fees may apply.

If I've been in contact with someone with measles, how long will it be before I know if I've caught it?

It usually takes 10 to 14 days for someone who has caught measles to start showing symptoms.

Are there sufficient supplies of MMR vaccine?

It is essential that all general practices outside of Canterbury maintain the National Immunisation Programme of MMR vaccination at ages 15 months and 4 years. There are sufficient national stocks of MMR vaccine to do this.

Where can I seek advice or find out more about measles?

For more information or advice on measles, please call Healthline on 0800 611 116 or visit the measles section of this website or the Ministry of Health website.

If you are not sure if you had the vaccinations is there a test to check if you are immune?

Yes, you can get a blood test to check your immunity. It is called 'measles serology', and a GP can write you a lab form for it. Rubella serology is checked in pregnancy, but not measles.

PLEASE SUPPORT OUR SPONSORS

advicefirst

We're passionate about our local community and actively support its continued economic growth.

Find us at 108 Kerikeri Road
(on the New World roundabout)

Phone Sue Richards
027 571 2624



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